

Westville Kettlebell Co. presents: DEADLIFT TO SMASH THE PATRIARCHY



Registration Form

First Middle Last Date

Home Address: _____

City: _____ State: _____ Zip Code: _____

_____ (_____) _____

Email Phone

T-Shirt Size: Small Medium Large Extra Large

Competitive Division: Novice Beginner Experienced Master's (40+)

The price of registration is \$40.00. Please visit our website: <http://www.deadliftnewhaven.blogspot.com> to submit payment. For pre-registration, we will accept all payment through Paypal made payable to Westville Kettlebell Co.

Please submit this registration form to: westvillekettlebell@gmail.com. Applications will not be considered without payment.

The morning of the event, we will accept cash or credit card. *Please no personal check, certified check, or money order.*

Deadlift to Smash the Patriarchy
will begin at 10:00am – 4:00pm

All participants should bring water, lawn chairs/blankets, snacks, athletic wear, and equipment.

Weight belts, knee and elbow wraps, gloves, and chalk will be permitted.

Lifting straps will **not** be allowed.

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Divisions	Women's/Men's Novice	Women's/Men's Beginner	Women's/Men's Experienced	Women's/Men's Master's (40+)
Deadlift Medley	W: 95lb, 50lb, 100lb M: 175lb, 75lb, 100lb	W: 135lb, 75lb, 100lb M: 225lb, 100lb, 100lb	W: 185lb, 100lb, 100lb M: 315lb, 150lb, 200lb	W: 95lb, 50lb, 50lb M: 135lb, 75lb, 100lb
Carry	150lb dummy drag/carry (50ft W, 50ft M)	150lb dummy carry (50 ft W, 100ft M)	150lb dummy carry/ 200lb sandbag carry (50ft W, 50ft M)	150lb dummy drag/carry (50ft W, 50ft M)
Deadlift 60 Secs	W: 95lb M: 175lb	W: 135lb M: 225lb	W: 185lb M: 315lb	W: 95lb M: 135lb

Deadlift Medley: 1 rep deadlift with barbell, 1 one-armed suitcase deadlift in each arm, 1 sandbag load. Fastest time wins.

Carry: 150lb dummy for the required length. Men's Experienced will carry the dummy and return carrying a 200lb sandbag. Fastest time wins.

Deadlifts: Each class will deadlift the listed weight as many times as possible during the 60 second time limit. The most repetitions in the time allotted wins.

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In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against WESTVILLE KETTLEBELL CO., MICHAEL SCHINDEL, BRENDAN WALSH, THE CITY OF NEW HAVEN DEPT. OF PARKS, RECREATION, AND TREES, THE CITY OF NEW HAVEN, THE STATE OF CONNECTICUT, & ALL THE RECIPIENTS OF THE PROCEEDS including, THE NATIONAL ORGANIZATION FOR WOMEN (CONNECTICUT CHAPTER (CTNOW)), any and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with these championships and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the DEADLIFT TO SMASH THE PATRIARCHY and its related events, I hereby grant WESTVILLE KETTLEBELL CO., and/or any other approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at anytime in connection therewith. Nothing contained herein shall be deemed to obligate WESTVILLE KETTLEBELL CO., and/or any other approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that WESTVILLE KETTLEBELL CO. and/or any other approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to NAS INC. and/or any other approved video or entertainment organization hereunder. Therefore I affix my signature below:

Print Name

Date

Signature

Location